




Sample Schedule, Grades 6-12

Intentional scheduling—no wasted time!

Our vision is to serve students from Kindergarten all the way through high school graduation. We opened in 2023 as a K-5 school with plans to add one grade level per school year as we build our program.

Our unique schedule optimizes the school day for learning, training, and competition to keep evenings free for quality family time. Our team practices and most games fall within the regular school day. We encourage family meals and early bedtime to support our students' cognitive and physical development.

TRADITIONAL STUDENT ATHLETE	 HINCKLEY STUDENT ATHLETE
MORNING	
8:00-8:30 Homeroom	7:45-8:00 Writing
8:30-9:20 English Language Arts	8:00-9:45 English Language Arts
9:20-10:10 Math	9:45-11:15 Math
10:10-11:00 Elective	11:15-12:15 Science
	12:15-1:00 Social Studies
AFTERNOON	
11:00-12:00 Lunch	1:00-1:30 Lunch
12:00-12:50 Science	1:30-4:30 PE & Sports (Film Study, Sports Theory, Weightlifting, Conditioning, Team Practice, Competition & Games)
12:50-1:40 Social Studies	
1:40-2:30 Elective	
2:30-3:10 Study Hall or VoTech	
3:10-3:30 Dismissal	
EVENING	
3:30-5:30 Team Sport Warm-Up (Weightlifting, Conditioning, Film Study)	4:30-6:00 Homework or time to pursue other interests
5:30-7:30 Team Sport Practice	6:00-6:30 Dinner with Family
7:30-8:00 Dinner	6:30-8:30 Family Time, Homework & Earlier Bedtime
8:00-10:00 Homework & Later Bedtime	